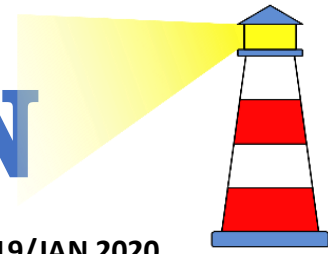




THE BEACON



NORTHWOOD-APPOLD UNITED METHODIST CHURCH

DEC 2019/JAN 2020

Epiphany Sunday

January 6 observed as a church festival in commemoration of the coming of the Magi as the first manifestation of Christ to the Gentiles.



HAPPY NEW YEAR

As we begin a new year, it is a good time to reflect for a moment on the year that ended, giving thanks for ALL that transpired, while we look forward to the year that is just beginning. It is also a good time, if you have not already done so, to ask His forgiveness for where we have failed, and dedicate this new year to serving Him.

Traditionally at year's end we clear out, clean up, and spruce up in preparation for visiting friends and relatives. As we clean out rooms in our house, there are some things that can be retained, some things that should be released and some things that cause us to remember special times and people.

Why not apply the same principals to our spiritual lives?

We must hold fast to our faith and hold to God's unchanging Hand. We are to focus our thoughts on Godly things. When we stay focused, we can avoid getting caught up in all the things in this world that would cloud our minds and hinder our walk. As we grow in faith and become more Christ-like in our walk, there will be some things that we will have to let go because they no longer fit or have place in our lives. We need to take every opportunity daily to reflect/remember the blessings of the Lord and stand on the promises of God.

The great thing about having a relationship with God is that He offers us a chance to start anew. As long as we are breathing there is opportunity for a new day no matter what has gone before. With each new day of the new year, comes challenges which can be new opportunities to seek God and receive His grace and mercy

Instead of concentrating on new resolutions, let's take a look at where we are in our relationship with God by taking stock of where we have been, where we are and where the Lord wants us to be.

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MINISTRY CORNER

NAYAYAM

Northwood-Appold Young Adult Ministry

Won't you join us every other Wednesday evening from 6:30pm – 8:30pm? See youth leader or members for meeting schedule. Hope to see you there. Taylor J.

TUESDAY NIGHT BIBLE STUDY

Come and join us for Bible Study Tuesday evenings from 6:00 to 8:30 pm. As our co-ed group delves in the Word of God, we have lively discussions and interesting activities. Sister Mildred Fowlkes is the lead facilitator. Come, join us any Tuesday, as we grow in the knowledge of God's word.

“WOMEN OF FAITH” BIBLE STUDY

Come, fellowship, partake of God's word with us as we faithfully seek His Will through study of The Word. We meet from 1:30 – 3:30pm every 2nd and 4th Saturday. The study book is the Bible Expositor and Illuminator which is purchased quarterly. Each sister has an opportunity to serve as facilitator with Sister Mildred Fowlkes serving as lead facilitator.

We share a light meal along with our fellowship. See Sister Mildred Fowlkes for further information.

ADULT CHURCH SCHOOL

Come, join our interesting and informative discussions of God's Word every Sunday from 10 - 10:30am in the lower level of the church.

We believe, that what we learn through our discussions, is a blessing to our lives, as we seek to faithfully serve our Father. Our resource is the Uniform Series Bible Lessons Adult Bible Studies book. Participants are encouraged to read and study during the week and come prepared to discuss the material. Contact the class facilitators, Bros. Harry Archer and Peter Mutaku for more information.

W H Y - WHOLISTIC HEALTH FOR YOUTH

A new youth initiative to teach 13 -18 year olds about holistic health, how to live a healthy lifestyle and how to cope with stress in positive ways. Participants will also be instructed in ways to share what they learn with their peers.

Sessions are held on two Saturdays each month at NAUMC and alternate church locations lasting 2-3 hours, are highly interactive and include music, film, video clips, and free food. Sessions will resume when Pastor returns.

INTESESORY PRAYER

The telephone prayer group meets daily. Dial in time is 6am @ 1-641-715-3680 + Access code: 710605; The group celebrated 1000 days of continual prayer on August 24th.

THE UNITED METHODIST WOMEN

The UMW meets monthly on the 2nd Saturday of the month from 12 noon to 1:00 p.m. to plan events, review progress toward our goals and fellowship. We continue to encourage the ladies of Northwood, young and mature, to come, join the fellowship and help spread the love of God to others.

LINE DANCE MINISTRY

Line dancing provides enjoyable, healthy movement that is beneficial to our body in a Christian manner.

Classes are held on Monday evenings from 6 to 8 pm in the lower level of the church building. The instructor is Radio Personality, Line Dance Celebrity **Randy Dennis**. Come and join us for fun, relaxation, and activities that are great for your body! A modest fee of \$7 is required for participation. See Sis. Virginia Richardson or Annette Keene for more information.

YOGA STRETCH – *Healthy Wellness Class*

Come out and join the yoga stretch class from 6:30-7:30 in the lower level of the church. The group meets the 3rd & 4th Wednesday of each month. A donation of \$7 is requested of which, \$2 will be given back to the church for Power Sharing. See Carolyn Hassan-Pitts.

BROKEN, BLESSED & A BLESSING

Grief ministry for the community under the leadership of Rev. Dr. Willie M. Parker, certified grief and loss coach, promotes understanding of, training and assistance in processing grief. It also equips persons to assist the support group.

Grief Ministry consists of seven sessions that are held from 1:30 – 3:30 pm on the 1st and 3rd Saturdays in the conference room at the Education Center.

Individual Coaching Sessions are by telephone. Fees are income based. Call 410-598-5401 to schedule individual sessions or dates for the next session.

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. **John F. Kennedy**

ANNOUNCEMENTS

JANUARY BIRTHDAYS



- 7 CRAIG MINOR
- 7 JOY NAPPER
- 10 DOROTHY FRAZIER
- 16 WARRINGTON COATES
- 21 REV. WILLIE MAE PARKER
- 25 RANDOLPH JEWS
- 28 ANNETTE KEENE
- 30 GRACE JOHNSON

DECEMBER BIRTHDAYS

- 9 EDITH BROWN
- 12 RODNEY PITTS
- 15 RENEE JOHNSON
- 21 CAROL FORD
- 21 EDWARD PINDER, JR
- 26 JENNIE BEARD
- 27 ANGELA PINDER
- 28 JANICE BROTHERS
- 29 MICHELLE RICHARDSON
- 31 ASHLEY BEASLEY

LITURGIST LIST

- January 5 Rev. Willie Mae Parker
- January 12 Chimo Okoro
- January 19 Carolyn Hassan Pitts
- January 26 Mildred Fowlkes-St Cyr
- February 2 Rev WM Parker
- February 9 Carolyn H. Pitts
- February 16 Michele Parker
- February 23 Virginia Richardson

***** PLEDGE PROGRAM to PAY OFF TAX BILL *****

The Pledge Program was introduced in 2019 by The Finance Ministry Team. It gives you options to choose how much you want to donate each week to help pay off the tax bill loan. The program charts the weekly amount per person, per year needed to achieve the payoff goal. If you can/would like to contribute, note the chart listed below and select a donation goal you would like to work toward. Thanks to your generous giving, the 2019 goal was met. The Finance Ministry is extremely grateful and would encourage you to continue to support this effort in 2020.

You can get the complete donation schedule and special envelope in the Narthex. Funds collected will be listed as a savings line-item and will be used to reduce the principal of the loan which will help significantly reduce the length of the loan and the amount of interest paid.

Thank you in advance for your prayerful consideration. Sincerely,
The Finance Ministry Team
Wanda Carter, Nancy Green, Geneva Ferguson, Dorothy Frazier

2020 Monthly Chart

Months	Amount			Annual Total		People	Annual Total
Jan – December	\$75.00	X	12	= \$900	X	15	= \$13,500
	\$37.50	X	12	= \$450	X	30	= \$13,500
	\$20.00	X	12	= \$240	X	60	= \$14,400

ROCK - February 7-9, 2020

Please support our youth/young adults as they raise funds to go to ROCK.

FOR YOUR HEALTH

JANUARY CELEBRATION DAYS

Bath Safety Month
Birth Defects Month
Cervical Health Awareness Month
Financial Wellness Month
National Glaucoma Awareness Month
National Mentoring Month
National Slavery and Human Trafficking Prevention Month
National Stalking Awareness Month
Teen Driving Awareness Month
Thyroid Awareness Month

WEEKLY OBSERVANCES

Week of Christian Unity: 18-25
*National Human Trafficking Awareness Day: 11

Thyroid Awareness Month

January is national thyroid awareness month which brings to light such conditions like hypothyroidism and grave's disease – to name a few. The thyroid gland is a small, butterfly-shaped gland located in the base of the neck just below the Adam's apple. Although relatively small, the thyroid gland plays a huge role in our body, influencing the function of many of the body's most important organs, including the heart, brain, liver, kidneys and skin. Ensuring that the thyroid gland is healthy and functioning properly is vitally important to the body's overall well-being. When it functions normally our body can go about its regular functions, but if it is overactive or underactive many complications may arise which can cause symptoms like weight gain or chronic fatigue. Symptoms of thyroid diseases can often be mistaken for other ailments and so it's important to recognize them and have your thyroid checked out.

National Mentoring Month

National Mentoring Month is an annual designation observed in January. Mentoring can have a significant impact on a young person's life, prospects and outlook. It is a key way of ensuring that young people know that they have someone on hand that they can rely on, provide emotional support, educational and career guidance and generally be there to guide them. This month, focus on how we can all work together to increase the number of mentors to make sure young people in our communities have dependable people to look up to and follow in their footsteps. NMM celebrates mentoring and the positive effect it can have on young lives.

Bath Safety Month

Each year thousands of people of all ages visit the emergency room due to bathroom-related slips and falls. The accidents that occur while bathing are often overlooked, but remind us the importance of recognizing bathroom safety.

Installing slip-resistant strips or mats on the bottom of your bathtub or shower and having safety handles installed make it easier for climbing in and out of the tub or shower. It's also a good idea to make sure your bathroom floor is clean, free of spills and has a nonslip rug or mat placed on the floor near the bathtub or shower for balance when exiting. Ensuring water temperature is at or around 120 degrees is important to prevent skin burns. An accident can happen in an instant so it's recommended children not be left unattended in the bathtub.

Preventing bathroom accidents is easy if you take the right precautions and your family will thank you!

Safe Driving Tips

Winter brings all sorts of driving headaches: snow, freezing rain and slush, which all make the roads more hazardous. To handle the hassle of winter driving:

- First of all, buckle up.
- Adjust your seat, mirrors and climate controls before putting the car in gear.
- Pull over to eat or drink. It takes only a few minutes.
- Don't attempt to retrieve items that fall to the floor
- Secure cargo that may move around while the vehicle is in motion.
- Have items needed within easy reach – such as toll fees, toll cards and garage passes.
- Use extra caution in areas that ice up quickly,
- Consider staying at home if you don't need to be on the road.
- Keep an emergency kit in the trunk of your car.
- Make sure your cell phone is fully charged and that your car always has a full tank of gas.
- Keep 100% of your attention on driving at all times.
- Do not use your phone or any other electronic device while driving.
- Slow down. Speeding gives you less time to react and increases the severity of an accident.
- Be aware of what other drivers around you are doing and expect the unexpected.
- Keep a 2-second cushion between you and the car in front of you; Make that 4 seconds if the weather is bad.
- Drive sober and drug-free.
- Avoid driving when you're tired. Be aware that some medications cause drowsiness.
- Be extra careful while driving during deer season.

A CALL TO PRAY

All School Systems
Baltimore City

Henry & William Barnes

Patricia Beasley

Edith Brown (Renee) Family

Taryn Carter

Jeanette Cates

John & Yvonne Coulter

Kim Ellington

Ezekiel

Sheila Fisher

Rev. Gray

Dorothy Frazier & Family

Katherine & Mahalon Hebron

Stephanie Hayes & Family

Michele Horton & Family

Bette Isabelle's Family

Jasmine James

Joel – Young man in need

The Johnson Family

Xavier Green's Family

Mr. Mitchell

NACA I & NACA II

National Leaders

Joy Napper

Pauline Norman

Michele Parker's Family

Tom & Becky Price

Ernestine Press' Family

Michele Richardson

Sandy & Bruce Robinson

Elaine Ross

Keith Savage

Sick & Shut-in

Alvedia Smith

State & Local Leaders

Stewart Family

CANCER Survivors

Robert Taylor

Robin Thompson & Family

Mr. & Mrs. Wallace

Susie Watson's Family

Gloria Wertz

Jaeson White

Janice Williams

Rosanna Wynn

World Leaders

A Prayer for Hope After A Hard Year

God, Thank you for helping us to make it through this difficult year. Thank you that you've carried us through the uncertainty of deep waters, through the flames of trials, and through the pain of hard losses. We are constantly aware of how much we need you, your grace, your strength, your power working through even the toughest days.

Help us to keep our focus first on you this season. Please forgive us for giving too much time and attention to other things, for looking to other people before coming to you first. Help us to reflect again, on what Christmas is really all about. Thank you that you came to give new life, peace, hope, and joy. Thank you that your power is made perfect in our weakness.

Help us to remember that the gift of Christ, Immanuel, is our greatest treasure, not just at Christmas, but for the whole year through. Fill us with your joy and the peace of your Spirit. Direct our hearts and minds towards you. Thank you for your reminder that both in seasons of celebration and in seasons of brokenness, you're still with us. For you never leave us. Thank you for your daily powerful Presence in our lives, that we can be assured your heart is towards us, your eyes are over us, and your ears are open to our prayers. Thank you that you surround us with favor as with a shield, and we are safe in your care.

We choose to press in close to you today, and keep you first in our hearts and lives. Without you we would surely fail, but with you, there is great hope. Thank you for your healing power, thank you for bringing us into this new season up ahead. We look forward to all that You still have in store. In Jesus' name, Amen.

blogspot for Debbie McDaniel of Fresh Day Ahead

Crosswalk.com

Beacon Mission Statement:

This newsletter will endeavor to inform the church body of ministry events, updates and needs by providing information on items of interest to the congregation. While being informative, we strive to make this newsletter an enjoyable read.

Take Care, Be Safe,
You are Blessed!!!

The Beacon is published monthly by Northwood-Appold United Methodist Church, 4499 Loch Raven Boulevard, Baltimore, Md. 21218.

The Beacon is published as needed during the summer months. All articles, letters, announcements and other information of interest are welcome and considered for publication. Submit items in person, by mail or email (pamcbrown59@gmail.com).

The deadline for the January/February issue is **9:00pm**

January 18, 2020.

Editors: Sisters Pamela Brown, Carolyn Young & Min. Gwen Young

Distribution: Sis. Peggy Hayward

Pastor: Rev. Dr. Gray

SCHEDULED MINISTRIES

Sunday Church School	Sunday	10:00a.m.
Worship Service	Sunday	10:30a.m.
Health/Welfare Ministry	4 th Sunday (Quarterly)	1:00p.m.
Line Dance Ministry	Monday	6 – 8p.m.
Music Ministry Rehearsal	Monday and Thursday	6:30p.m.
SPRC Committee	1 st Monday	6:30p.m.
Finance Ministry	2 nd Monday	7:00p.m.
Bible Study	Tuesday	6:00p.m.
Stewardship Ministry	As Needed	6:00p.m.
NAYAYAM	TBD	6:30-8:30
Church Council Meeting	2 nd Wednesday	6:30p.m.
United Methodist Men	As needed	7:00p.m.
Trustee Meeting	3 rd Wednesday	6:30p.m.
YOGA Stretch Class	3 rd & 4 th Wednesday	6:30 – 7:30
Ushers' Ministry	3 rd Thursday	6:30p.m.
Youth Group (CIA)	As needed	6:30 – 8:30p.m.
United Methodist Women	2 nd Saturday	12:00 – 1:00p.m.
Women of Faith Bible Study	2 nd & 4 th Saturday	1:30 – 3:30p.m.
Worship Committee Meeting	4 th Saturday	10:30-12:00p.m.

Northwood - Appold UMC
4499 Loch Raven Blvd
Baltimore, Maryland 21218-1599

Office Hours: 9:00 a.m. - 3:00 p.m.
Tel. (410) 323-6712;
Fax (410) 323-1836

Northwood-Appold Community Academy
4417 Loch Raven Boulevard
Baltimore, MD 21218-1599
(410) 323-6712

Naca Freedom and Democracy Academy II
2500 East Northern Parkway
Baltimore, MD 21214
410-396-1234

INCLEMENT WEATHER PROCEDURES

1. The Trustees and Pastor pray and confer together to decide whether to postpone and/or cancel scheduled services or activities.

2. That decision is circulated immediately through all available communication channels: phoning, texting, emailing, radio, and if possible, television.

WBAL RADIO -1090AM; CHANNEL 2 NEWS

3. In the event of cancellation, worship services and important meetings may also be offered via conference call using the following information:

DIAL-IN-NUMBER: 641-715-0862
ACCESS CODE: 109547#

4. The necessary arrangements are made by the Trustees to address weather related issues or concerns (water, snow, ice removal), as soon as possible, to ensure everyone's physical safety.

NAUMC's mission is to be a light at the crossroads of life to attract diverse people by being an inviting, outreaching, congregation demonstrating our faith and discipleship in such a way that all people are called to action for God.

The Men & Women's Day Committee of
Northwood-Appold United Methodist Church

*is sponsoring a trip to **Sight and Sound***

Q U E E N E S T H E R

Saturday, May 16, 2020

Depart: Northwood-Appold UMC Parking Lot - 8 A.M.

Lunch: Miller's Smorgasbord

Showtime: (Queen Esther) - 3 P.M.

Return to Northwood-Appold UMC by 8 P.M.

\$150.00 (13 & over) \$99 per Child (3-12)

Payments may be forwarded to the church office:

4499 Loch Raven Boulevard

Baltimore, Md. 21218

Attn: Sight & Sound

Make checks payable to: Northwood-Appold UMC Memo: Sight & Sound

For tickets, Contact: Church Office - 410-323-6712 or

Pam Brown - 443-865-1350

\$50 non-refundable deposit due February 1, 2020.

All monies are due by April 1, 2020.

Pastor, Rev. Dr. Cecil Conteen Gray

Northwood-Appold UMC is not responsible for lateness for departure nor return. Please arrive at least 15 minutes prior to departure time. All children must be accompanied by an adult-no exceptions.

JANUARY 2020

1212SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day	2 Choir Rehearsal 6:30	3	4
5 Worship 10:30am	6 Line Dance 6-8pm Choir Rehearsal 6:30	7 Bible Study 6pm	8 Council Meeting 6:30	9 Choir Rehearsal 6:30	10	11 UMW 12 – 1:30 Women of Faith 1:30-3:30pm
12 Worship 10:30am	13 Line Dance 6-8pm Choir Rehearsal 6:30	14 Bible Study 6pm	15	16 Choir Rehearsal 6:30 Ushers Min. 6:30	17	18
19 Worship 10:30am	20 Martin Luther King Jr Day	21 Bible Study 6pm	22	23 Choir Rehearsal 6:30	24	25 Women of Faith 1:30- 3:30pm
26 Worship 10:30am	27 Line Dance 6-8pm Choir Rehearsal 6:30	28 Bible Study 6pm	29	30 Choir Rehearsal 6:30	31	

NOTE: