

# THE BEACON



**OCT/NOV 2019** 

NORTHWOOD-APPOLD UNITED METHODIST CHURCH



November 11, 2019

CHURCH **CONFERENCE WITH** DS 2 PM SUNDAY NOV. 24TH

### CHURCH LEADER TRAINING

Training via Zoom available from 7 - 8:30pm.

SPRC - Tuesday, Nov. 5, Trustee -Tuesday Nov. 12, Finance -Monday, Nov. 18, Church Council training -Tuesday, Nov. 26.

Register for the training by accessing the BWCUMC website @ BWCUMC.org. Click on the Training Tuesday topic and complete the registration form. Once registered, you will receive the sign-in codes to join the session.

> **Church Workshop** 10am Saturday, November 16, 2019

#### MEN AND WOMEN'S DAY

Rev. Dr. Wanda Duckett, District Superintendant of the Metropolitan District, our key note speaker, morning preacher, spiritual teacher, Christian sister was the recipient of a message from the Lord for Northwood-Appold.

In her preparation to preach, God shifted her focus from our theme to His and sent her to instruct us on how to position ourselves for victory.

She may have given a moment's thought to sticking to our theme, and while she planned to mention it in her talk, she followed the lead of the Holy Spirit knowing God's plan always works. There is no failure in God because God does not make mistakes. As Rev. Duckett professed, "you can't go wrong with Jesus!

Rev. Duckett took our theme "Praising God for Triumph over trials" - James 2, 3,& 12, added Ephesians 6:10-18 (putting on the whole armor of God) to bring the message, Still Standing Firm and to tell us how to keep standing. She reminded us that the only thing we have to do is show up ready to fight, dressed for Spiritual warfare, keep standing on His word and watch how God moves. Rev. Duckett used the British Guard as an example of dressing for battle. You should get the cd. Every time I see one of those uniforms, I'll think of this day.

She brought a message of deliverance from the fire, triumph over personal attacks and disappointments, and victory over financial difficulties. She came to deliver a "Word" and boy did she deliver!.

God used the entire service. The message was delivered in the spoken word, in the ministry of dance and through the ministry of music

I must confess that I usually give the choir a list of selections to include in the service, however, being pressed for time, I let go and in doing so, the Spirit directed the choir in their selections.

As you read the tittles, you can see the movement through trial to triumph. With each song, we were lifted higher with words of hope, deliverance, victory.- "God Provides". The sermonic selection, "War Cry" reminded us that we are on the battlefield for Jesus, Soldiers in the army of the Lord and it's Spiritual warfare.

You could feel the praise break forth in celebration of how God has/will "Deliver Me" as the "Just Blessed and Gifted Dance Ministry" carried us deeper in worship and the choir sang "It is well (with my soul)/If God be for us".

We were invited, compelled to "Open your mouth and say something" in acknowledgment of how God keeps working it out for the good of those who love him. He always deserves "Every Praise".

God worked it out so beautifully from the beginning to the end. It was a day full of praise and worship celebrating God and thanking Him for loving us so much.

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# MINISTRY CORNER

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# NAYAYAM Northwood-Appold Young Adult Ministry

Won't you join us every other Wednesday evening from 6:30pm - 8:30pm? See youth leader or members for meeting schedule. Hope to see you there. Taylor J.

#### TUESDAY NIGHT BIBLE STUDY

Come and join us for Bible Study Tuesday evenings from 6:00 to 8:30 pm. As our co-ed group delves in the Word of God, we have lively discussions and interesting activities. Sister Mildred Fowlkes is the lead facilitator.

Come, join us any Tuesday, as we grow in the knowledge of God's word.

#### "WOMEN OF FAITH" BIBLE STUDY

Come, fellowship, partake of God's word with us as we faithfully seek His Will through study of The Word. We meet from 1:30-3:30pm every  $2^{nd}$  and  $4^{th}$  Saturday. The study book is the Bible Expositor and Illuminator which is purchased quarterly. Each sister has an opportunity to serve as facilitator with Sister Mildred Fowlkes serving as lead facilitator.

We share a light meal along with our fellowship. See Sister Mildred Fowlkes for further information.

#### ADULT CHURCH SCHOOL

Come, join our interesting and informative discussions of God's Word every Sunday from 10 - 10:30am in the lower level of the church.

We believe, that what we learn through our discussions, is a blessing to our lives, as we seek to faithfully serve our Father. Our resource is the Uniform Series Bible Lessons Adult Bible Studies book. Participants are encouraged to read and study during the week and come prepared to discuss the material. Contact the class facilitators, Bros. Harry Archer and Peter Mutaku for more information.

#### W H Y - WHOLISTIC HEALTH FOR YOUTH

A new youth initiative to teach 13 -18 year olds about holistic health, how to live a healthy lifestyle and how to cope with stress in positive ways. Participants will also be instructed in ways to share what they learn with their peers.

Sessions are held on two Saturdays each month at NAUMC and alternate church locations lasing 2-3 hours, are highly interactive and include music, film, video clips, and free food. Sessions will resume when Pastor returns.

#### INTESESORY PRAYER:

The telephone prayer group meets daily. Dial in time is 6am @ 1-641-715-3680 + Access code: 710605; The group celebrated 1000 days of continual prayer on August 24th.

#### THE UNITED METHODIST WOMEN

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The UMW meets monthly on the 2<sup>nd</sup> Saturday of the month from 12 noon to 1:00 p.m. to plan events, review progress toward our goals and fellowship.

We continue to encourage the ladies of Northwood, young and mature, to come, join the fellowship and help spread the love of God to others.

## LINE DANCE MINISTRY

Line dancing provides enjoyable, healthy movement that is beneficial to our body in a Christian manner. Classes are held on Monday evenings from 6 to 8 pm in the lower level of the church building. The instructor is Radio Personality, Line Dance Celebrity *Randy Dennis*. Come and join us for fun, relaxation, and activities that are great for your body! A modest fee of \$7 is required for participation. See Sis. Virginia Richardson or Annette Keene for more information.

# YOGA STRETCH - Healthy Wellness Class

Come out and join the yoga stretch class from 6:30-7:30 in the lower level of the church. The group meets the 3<sup>rd</sup> & 4<sup>th</sup> Wednesday of each month. A donation of \$7 is requested of which, \$2 will be given back to the church for Power Sharing. See Carolyn Hassan-Pitts.

# **BROKEN, BLESSED & A BLESSING**

Grief ministry for the community under the leadership of Rev. Dr. Willie M. Parker, certified grief and loss coach, promotes understanding of, training and assistance in processing grief. It also equips persons to assist the support group.

Grief Ministry consists of seven sessions that are held from  $1:30-3:30~\mathrm{pm}$  on the 1st and 3rd Saturdays in the conference room at the Education Center. Individual Coaching Sessions are by telephone. Fees are income based. Call 410-598-5401 to schedule individual sessions or dates for the next session.

I am never in control of what happens around me, but li am always in control of what happens within me. – Unknown

# ANNOUNCEMENTS.

#### **NOVEMBER BIRTHDAYS**



4 JACQUELINE BELL 5 JALENA FINDLEY

18 PAM BROWN 19 BRENDON FINDLEY

5 DOROTHY FRAZIER 21 SAIGE GOMEZ

16 VERIS LEE

**25 JEANNETTE CATES** 

**26 NEISHALL SCHUYLER** 

Brendan Findley's precious baby girl;

Jaqueline Bell's first grandbaby

Introducing: Harmony Amor Findley October 3, 2019



#### SPIRITUAL PRAYER WALK

Saturday, November 23, 2019 9AM to 1:00 PM

A mini prayer pilgrimage in the sanctuary

Contact: Mrs. Edith Brown at 410-426-4769

Bring your expectation to discern The Holy Spirit's guidance for your personal growth and Leave with ways to maintain your focus on God's plan for your life.

# **BISHOP's MEETING WITH THE DISTRICTS**

The Baltimore Metropolitan District is scheduled to meet with the Bishop Tuesday, Dec. 10, at Trinity UMC, Catonsville. Bishop LaTrelle Easterling will meet with clergy from 2 to 4:30 p.m. and laity from 6:30 to 8 p.m.

#### **OCTOBER BIRTHDAYS**

1 LESLIE RICHARDSON 14 HARRY ARCHER 6 BEATRICE BROWNE 17 ROSALIE GRESHAM 10 TITUS JOHNSON 18 GENEVA FERGUSON 13 ERICA RICHARDSON 20 CAROLYN YOUNG 13 ERIN RICHARDSON 25 BARBARA ADKINS

#### **UMW INITIATIVES**

Please help us with our food drive to support CARES. Bring any of the items listed below and deposit in the bin in the Narthex any 2<sup>nd</sup> Sunday: Tea bags, sweetener packets, small containers of canned meats such as tuna, chicken, and chili, chicken stew, beef stew, spaghetti/sauce, jello, muffins, rice, pork & beans, soups, boxed potatoes, jelly, peanut butter, canned veg./fruits, cereal, oodles of noodles, and personal care items, toilet paper, paper towels etc. Large blue and brown bags are also needed. Thank you. Johanne White

The Women of Faith Bible Study Group and the Men and Women's Day Committee are sponsoring a

# **Prayer Breakfast** Saturday December 7, 2019 from 9am - 1pm

Come breakfast with us as we feed on the Word of God. Rev. Carmi Washington Flood, of St. Timothy's Christian Baptist Church will deliver the word with musical selection by Michelle Horton and invited quest. Tickets will be available Sunday November 3, 2019.

> Coming soon Bus trip to Sight and Sound from Northwood-Appold UMC

> > MAY 16, 2020

to see "Queen Esther"

A great Mother's Day gift!

**ROCK - February 7-9, 2020** 

Please support our youth/young adults as they raise funds to go to ROCK next year.

# FOR YOUR ENJOYMENT

After our delicious Men and Women's Day dinner I said I wasn't cooking but you know how that goes. I had leftovers but a certain person made a funny face after I asked if he wanted a snack. So, I looked in the refrigerator and found part of a butternut squash. It weighed about 1 5/8-pounds. (Yea, I weighed it.)

Anyway, I thought I'd make my butternut sweet potato soup. No sweet potatoes. So, let's experiment. I found another recipe for butternut apple soup.

Naturally the recipe called for 2 pounds of butternut squash. Figures. I had most of the other ingredients and if I didn't, I'd just improvise.

#### **Apple-Butternut Squash Soup**

#### **Ingredients**

- 1 tablespoon unsalted butter
- 1 medium onion, diced
- 1 butternut squash (about 2 pounds), peeled, seeded, and chopped
- 4 red or golden apples, **peeled**, cored, and chopped, plus 1 apple, finely diced and tossed in lemon juice, for garnish (optional)
- 2 teaspoons coarse salt
- 1 1/2 teaspoons ground cumin
- 1/2 teaspoon ground coriander
- 1/2 teaspoon ground ginger
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon freshly ground black pepper
- 2 cups homemade or store-bought low-sodium chicken or vegetable stock
- 2 1/2 cups water, plus more if needed
- 1 jalapeno chili, thinly sliced, for garnish (optional)
- Sour cream, for garnish (optional)

#### **Directions**

- 1. Melt butter in a large saucepan over medium heat. Add onion; cook, stirring occasionally, until it begins to soften, about 4 minutes. Add squash, and cook, stirring occasionally, until soft, about 10 minutes.
- 1. Add apples, salt, cumin, coriander, ginger, cayenne, black pepper, stock, and the water (just enough to cover). Bring to a boil. Reduce to a simmer, and cook until vegetables are very soft, about 30 minutes.
- 2. Puree in batches in a food processor or blender until smooth and return to saucepan. Heat over low, thinning with more water if necessary. To serve, ladle into shallow bowls; garnish with diced apples, jalapeno slices, and sour cream if desired.

I love onions so I used 1 large and 1 medium onion. I found that two cups water was too much liquid and so next time I'll just use more vegetarian broth and forget the water.

Adjust the liquid for your desired thickness of the soup. (I removed 2 cups of soup liquid before pureeing, cooled it and then froze it. I will blend this liquid in with another soup or dish later.)

I prepared this in an Instant Pot in about 10 minutes after prepping the onions, squash and apples. I pureed with an immersion wand but a blender or even a hand mixer could be used. Take care that the soup doesn't splatter and burn you. It can also be prepared on the stove.

So how did that certain person like the soup? He liked it. He said it was fine but didn't care for the apples used to garnish the soup. Makes about 8 one cup servings. Someone will have soup for lunch at least 5 times within the next month. Enjoy.

This recipe was adapted from a Martha Stewart recipe found at the website below.

# **EVENTS**



# LAITY SUNDAY

Sunday, October 20, 2019 was Laity Sunday. Our Speaker was one of our own, Kelechi Agommuo.

The Youth and Young Adults of Northwood-Appold (NAYAYAM) conducted the entire service.

What an honor and privilege to see how they've grown and are offering themselves in service as worship leaders.

# **BULL ROAST/SHRIMP FEAST**

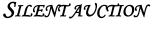
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DANCING















# FOR YOUR HEALTH

## NOVEMBER HEALTH AWARENESS MONTH

- American Diabetes Month
- Bladder Health Month
- Chronic Obstructive Pulmonary Disease (COPD) Awareness Month
- Diabetic Eye Disease Month
- Lung Cancer Awareness Month
- National Alzheimer's Disease Awareness Month
- National Epilepsy Awareness Month
- National Family Caregivers Month
- National Healthy Skin Month
- National Hospice Palliative Care Month
- National Stomach Cancer Awareness Month
- Pancreatic Cancer Awareness Month

#### **HEALTH AWARENESS DAYS**

- Great American Smokeout (Nov. 21)
- International Survivors of Suicide Day (Nov. 23)
- GERD Awareness Week (Nov. 24–30)
- National Family Health History Day (Nov. 28)

# GREAT AMERICAN SMOKEOUT 2019 – NOVEMBER 21

The decision to quit smoking can feel overwhelming. Often, the hardest part is simply making the actual decision to quit. To help people take this important first step, the American Cancer Society sponsors the Great American Smokeout on the third Thursday in November, challenging smokers to start by giving up cigarettes for 24 hours. If you or a loved one smokes cigarettes, consider participating on November 21, and take the first step toward quitting cigarettes forever.

#### NATIONAL FAMILY CAREGIVERS MONTH

Caregiver Action Network (the National Family Caregivers Association) began promoting national recognition of family caregivers in 1994. President Clinton signed the first NFC Month Presidential Proclamation in 1997 and every president since has followed suit by issuing an annual proclamation recognizing and honoring family caregivers each November. Caregivers are those who lovingly give baths, clean houses, shop for, and comfort the millions of elderly and ill people who are friends and loved ones. The theme for National Family Caregivers Month is "Be Care Curious" about your loved one's care!

# CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) AWARENESS MONTH

Chronic obstructive pulmonary disease (COPD), which includes emphysema and chronic bronchitis, makes breathing difficult for the 16 million Americans who have been diagnosed with COPD. Millions more suffer from COPD, but have not been diagnosed and are not being treated. COPD can limit your ability to work or even perform simple daily tasks. The main cause of COPD is tobacco smoke, so if you smoke or used to smoke, you are at a higher risk of having COPD. Exposure to air pollution in the home or at work, family history, and respiratory infections like pneumonia also increase your risk

Symptoms of COPD include:

- Frequent coughing or wheezing
- Excess phlegm or sputum
- Shortness of breath
- Trouble taking a deep breath

If you experience these symptoms, you should discuss them with your physician. COPD is diagnosed using a simple breathing test called spirometry

# **LUNG CANCER AWARENESS MONTH**

Lung cancer is the uncontrolled growth of abnormal cells in one or both lungs. While not all lung cancer is caused by smoking, about 85-90 percent is attributed to smoking. Radon is the second leading cause of lung cancer after smoking in America, and the leading cause of lung cancer among non-smokers. Radon is a naturally occurring gas that comes from rocks and dirt and can get trapped in houses and buildings. Your chances of getting lung cancer from radon depend mostly on the level of radon in your home, the amount of time you spend in your home, and whether or not you're a smoker. Another major risk factor for contracting lung cancer is exposure to asbestos. See <a href="http://www.lungcancer.org/">http://www.lungcancer.org/</a> for additional information including symptoms.

# FOR YOUR INFORMATION

\*\*\*\*\*\*\*\*\*\*\*PLEDGE PROGRAM to PAY OFF TAX BILL\*\*\*\*\*\*\*\*\*\*

The 2019 Pledge Program was introduced by The Finance Ministry Team and gives you options to choose how much you want to donate each week. The program charts the weekly amount per person, per year needed to achieve the payoff goal.

If you can/would like to contribute, note the chart listed below and select a donation goal you would like to work toward. Thanks to your generous giving, the 2019 goal has almost been met.

The Finance Ministry is extremely grateful and would encourage you to continue to support this effort.

You can get the complete donation schedule and special envelope in the Narthex. Funds collected will be listed as a savings line-item and will be used to reduce the principal of the loan which will help significantly reduce the length of the loan and the amount of interest paid.

Thank you in advance for your prayerful consideration. Sincerely,

The Finance Ministry Team

Wanda Carter, Nancy Green, Geneva Ferguson, Dorothy Frazier

2020 Monthly Ch	nart for 15, 30 or 60 people p	er week	
	15 @ \$18.75 p/w	30 @ \$9.38 p/w	60 @ \$5.00 p/w
Jan – June	\$75.00	\$37.50	\$20.00
July – Decembei	r \$75.00	\$37.50	\$20.00
Per person	\$900	\$450	\$240
Total:	\$13,500.00	\$13,500.00	\$14,400.00

# FOR YOUR HEALTH cont.

#### NATIONAL HOSPICE PALLIATIVE CARE MONTH

Hospice and palliative care is a specialized form of healthcare for people with serious and life-limiting illnesses. Provided by an interdisciplinary team of physicians, nurses, social workers, pharmacists, allied therapists, psychological and spiritual counselors, and trained community volunteers, hospice and palliative care is person-centered, individualized treatment to accommodate the needs and wishes of a patient and their family.

At the center of hospice and palliative care is the belief that each of us has the right to live and die pain-free and with dignity, and that our families will receive the necessary support to allow us to do so.

The Medicare Hospice Benefit was signed into law in 1982, and now almost 1.5 million Americans are served by hospice annually. Hospices operate in all 50 states, and there are over 4,500 Medicare-certified hospices nationwide. Perhaps most importantly, hospice care is available to all Medicare Beneficiaries in their homes or place of residence.

and provides care not only for the patient, but also for their families during the illness and after, helping them cope with the grief of losing a loved one.

Palliative care is specialized medical care for people with serious illness, focusing on providing relief from the symptoms and stress of a serious illness and to improve the quality of life for both the patient and the family. It is similar to hospice care, in that it is a person-centered, interdisciplinary approach to treating serious illness.

But there remains a great need to increase public awareness about the benefits of hospice and palliative care, and to assure access to all Americans regardless of their diagnosis, prognosis, or place of residence.

All American patients and their caregivers deserve access to the important care and support that hospice and palliative care provide. Unfortunately, just as the baby boomer generation is reaching their senior years, the hospice and palliative care workforce

# A CALL TO PRAY

All School Systems Baltimore City

Henry & William Barnes

Patricia Beasley

Edith Brown (Renee) Family

Taryn Carter Jeanette Cates

John & Yvonne Coulter

Kim Ellington

Ezekiel

Erica - Michele Parker's sister

Sheila Fisher Rev. Gray

Dorothy Frazier & Family

Rosalie Gresham

Stephanie Hayes & Family

Katherine & Mahalon Hebron

Hill Family

Bette Isabelle's Family

Jasmine James

Joel - Young man in need

The Johnson Family

Jerome Lawrence

Michele Parker's brother

Mr. Mitchell

NACA I & NACA II

**National Leaders** 

Joy Napper

**Pauline Norman** 

**Tom** & Becky Price Ernestine Press' Family

Michelle Richardson

Sandy & Bruce Robinson

**Elaine Ross** 

Keith Savage

Sick & Shut-in Alvedia Smith

State & Local Leaders

Stewart Family

**CANCER Survivors** 

**Robert Taylor** 

**Robin Thompson & Family** 

Susie Watson

Gloria Wertz

Jaeson White

Janice Williams

Rosanna Wynn

World Leaders

**Lord our God,** have mercy upon the old, the young, the needy, the widows, and on all that are in sickness and sorrow, in distress and affliction, in oppression and captivity, in prison and physical or mental confinement. Comfort and heal all those who suffer in body, mind, or spirit, especially those listed above. Give them courage and hope in their troubles; and bring them the joy of your salvation.

Give wisdom to those in authority, and give us all a desire for righteousness and peace, with the will to work together in trust, to seek the common good and to share with justice the resources of the earth.

We pray for the welfare of your church here on earth. Guide and govern it by your good Spirit, so that all who call themselves Christians may be led in the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

We thank you for sustaining us through the daily activities of life and the joys we share in the living and renewing of life, the continuation of generations and just being able to enjoy the beauty and bounty of this land.

We thank You. We praise You for all you are. These things we ask and say for the sake of Jesus Christ, our Saviour. Amen.

# Beacon Mission Statement:

This newsletter will endeavor to inform the church body of ministry events, updates and needs by providing information on items of interest to the congregation. While being informative, we strive to make this newsletter an enjoyable read.

Take Care, Be Safe, You are Blessed!!!

The Beacon is published monthly by Northwood-Appold United Methodist Church, 4499 Loch Raven Boulevard, Baltimore, Md. 21218.

The Beacon is published as needed during the summer months. All articles, letters, announcements and other information of interest are welcome and considered for publication. Submit items in person, by mail or email (pamcbrown59@gmail.com).

The deadline for the Sept/October issue is **9:00pm November 18, 2019.** Editors: Sisters Pamela Brown, Carolyn Young & Min. Gwen Young

Distribution: Sis. Peggy Hayward

Pastor: Rev. Dr. Gray

# **EVENTS** cont.

# MEN AND WOMEN'S DAY

Rev. Dr. Wanda Duckett Beautiful Floral Decorations
Just Blessed and Gifted Dance Ministry

















## **SCHEDULED MINISTRIES**

Sunday Church School	Sunday	10:00a.m.
Worship Service	Sunday	10:30a.m.
Health/Welfare Ministry	4 <sup>th</sup> Sunday (Quarterly)	1:00p.m.
Line Dance Ministry	Monday	6 – 8p.m.
Music Ministry Rehearsal	Monday and Thursday	6:30p.m.
SPRC Committee	1 <sup>st</sup> Monday	6:30p.m.
Finance Ministry	2 <sup>nd</sup> Monday	7:00p.m.
Bible Study	Tuesday	6:00p.m.
Stewardship Ministry	As Needed	6:00p.m.
NAYAYAM	TBD	6:30-8:30
Church Council Meeting	2 <sup>nd</sup> Wednesday	6:30p.m.
United Methodist Men	As needed	7:00p.m.
Trustee Meeting	3 <sup>rd</sup> Wednesday	6:30p.m
YOGA Stretch Class	3 <sup>rd</sup> & 4 <sup>th</sup> Wednesday	6:30 - 7:30
Ushers' Ministry	3 <sup>rd</sup> Thursday	6:30p.m.
Youth Group (CIA)	As needed	6:30 – 8:30p.m.
United Methodist Women	2 <sup>nd</sup> Saturday	12:00 – 1:00p.m.
Women of Faith Bible Study	2 <sup>nd</sup> & 4 <sup>th</sup> Saturday	1:30 – 3:30p.m.
Worship Committee Meeting	4 <sup>th</sup> Saturday	10:30-12:00p.m

Northwood - Appold UMC 4499 Loch Raven Blvd Baltimore, Maryland 21218-1599

Office Hours: 9:00 a.m. - 3:00 p.m. Tel. (410) 323-6712; Fax (410) 323-1836

Northwood-Appold Community Academy 4417 Loch Raven Boulevard Baltimore, MD 21218-1599 (410) 323-6712

Naca Freedom and Democracy Academy II 2500 East Northern Parkway Baltimore, MD 21214 410-396-1234

#### **INCLEMENT WEATHER PROCEDURES**

- 1. The Trustees and Pastor pray and confer together to decide whether to postpone and/or cancel scheduled services or activities.
- 2. That decision is circulated immediately through all available communication channels: phoning, texting, emailing, radio, and if possible, television.

WBAL RADIO -1090AM; CHANNEL 2 NEWS

3. In the event of cancellation, worship services and important meetings may also be offered via conference call using the following information:

DIAL-IN-NUMBER: 641-715-0862 ACCESS CODE: 109547#

4. The necessary arrangements are made by the Trustees to address weather related issues or concerns (water, snow, ice removal), as soon as possible, to ensure everyone's physical safety.

NAUMC's mission is to be a light at the crossroads of life to attract diverse people by being an inviting, outreaching, congregation demonstrating our faith and discipleship in such a way that all people are called to action for God.

# NOVEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 Worship 10:30am	4 Choir Rehearsal 6:30 Line Dance 6-8pm	5 Bible Study 6pm	6	7 Choir Rehearsal 6:30	8	9 Fall Bazaar & Flea Market 9-2 Women of Faith 1:30-3:30pm
10 Worship 10:30am	11 Line Dance 6-8pm VETERAN'S DAY	12 Bible Study 6pm	13 Council Meeting 6:30	14 Choir Rehearsal 6:30	15	16
17 Worship 10:30	18 Choir Rehearsal 6:30 Line Dance 6-8pm	19 Bible Study 6pm	20 Yoga Class 6:30-7:30	21 Choir Rehearsal 6:30	22	23 Women of Faith 1:30-3:30pm
24 Worship 10:30am CHURCH CONFERENCE PM	25 Choir Rehearsal 6:30 Line Dance 6-8pm	26 Bible Study 6pm	27 Yoga Class 6:30-7:30	28 THANKSGIVING	29	30

# NOTE:

PLEASE NOTE CHANGE IN CHURCH CONFERENCE MEETING DATE. IT IS NOW SCHEDULED FOR 2PM SUNDAY NOVEMBER  $24^{\text{TH}}$ .

# Thank You Thank You Thank You Thank You

To Our:

Choir directors, soloist & singers For an awesome day of praise & worship. My heart is yet singing.

# To:

The Men and Women's Day Committee
For striving to make the activities fun while honoring
God and creating an awesome worship experience.
Thanks Barbara Adkins, Edith Brown, Pam Brown,
Carolyn Hassan Pitts, Kerlan Morgan, Peter Mutaku,
Pauline Norman, Nathaniel Parker, Michael Wells,
Johanne White, Carolyn Young, Gwen Young for
helping to achieve our goal.