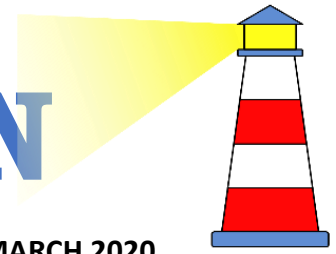




THE BEACON



NORTHWOOD-APPOLD UNITED METHODIST CHURCH

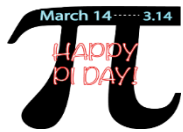
FEB/MARCH 2020

March 8

Daylight Saving Time



March 14 - PI Day



March 17

Saint Patrick's Day



March 20



Holy Week Services

Palm Sunday 4/5
Maundy Thursday 4/9
Good Friday 4/10
Govans Boundary
5210 York Rd 21212
Easter Sunday 4/12
Sunrise Service 7am
Worship Service 10:30

Lent

The purpose of the Lenten season is to set aside time for reflection on Jesus Christ—to consider his suffering and his sacrifice, his life, death, burial, and resurrection. During the six weeks of self-examination and reflection, Christians who observe Lent typically make a commitment to fast, or to give up something—a habit, like smoking, watching TV, swearing, or a food or drink, such as sweets, chocolate, or coffee. Some Christians also take on a Lenten discipline, like reading the Bible and spending more time in prayer to draw nearer to God. Strict observers of Lent do not eat meat on Fridays, often opting for fish instead. The goal of these spiritual disciplines is to strengthen the faith of the observer and develop a closer relationship with God.

Ash Wednesday marks the beginning of the Lenten Season. It was authorized by the First Council of Nicaea in 325 CE. According to Christian scholars, Ash Wednesday was not considered to be a biblical requirement, but the practice of repenting in dust and ashes accompanied by fasting can be found in Esther 4:1, Job 42:6, Jonah 3:5-6, and Daniel 9:3-4.

Ash Wednesday follows Shrove Tuesday as a ritual symbol of contrition, confession, repentance from the wild and unruly activities of previous days. One of the primary biblical verses that informs the Christian observation of this *Day of Ashes* is taken from the Creation story:

Then the Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being (Genesis 2:7 NRSV).

The symbolic ashes are typically created from burnt palms from the previous year's Palm Sunday. They are mixed with olive oil to create a gritty paste to be placed on the foreheads or on the hands of the faithful in the shape of the cross. This gesture acts as a sign of confession, repentance, *metanoia* (turning back to God), through the practice of Christian spiritual disciplines.

Maundy Thursday commemorates the Washing of the Feet (Maundy) and Last Supper of Jesus Christ with the Apostles. Good Friday commemorates the crucifixion of Jesus and his death at Calvary. It is observed the Friday preceding Easter Sunday, and may coincide with the Jewish observance of Passover. It is also known as Holy Friday, Great Friday, and Black Friday.

During *this* season of Lent, you are encouraged to engage in a Season of *Selahs*. Throughout the Book of Psalms, we encounter this Hebrew term at least seventy-one times. It even appears three times in Habakkuk. While the word has not been definitively defined in scripture, the placement of the word suggests a shift, pause, break, or interruption; it suggests exhaling or resting from routine activities. It is thought that the “Selah” functions much like a musical rest. This describes how we should understand our posture throughout the forty days of Lent. Christians are urged to refrain from business as usual in order to attend to the body, spirit, mind, soul, and heart. It is a time set aside for worshipers to connect their faith walk with the ways in which they live, move, and have their being throughout daily life. Thus, the trajectory for the Lenten journey is a renewed spirit and a genuine desire to become an incarnational presence in the world.

The UM study series for Lent is entitled, “Selah – Life in a Minor Key”. Grab your Bible, read the listed scriptures and excerpts from the series on the next page. Or you may download the entire series at (<https://www.umcdiscipleship.org/worship-planning/selah-life-in-a-minor-key>). Palm Sunday is part of Lent, but this series chose to deal with it as a part of the Holy Week/Easter commemoration and celebration. Therefore, only 5 weeks are included in this “Selah” series.

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Week 1 – First Sunday in Lent (March 1) – Psalm 32 **Happy are Those**

Scriptures: Genesis 2:15-17, 3:1-7; Romans 5:12-19; Matthew 4:1-11

Happy isn't a mood we associate with the season of Lent. Lent seems to call for something a little more somber, reflective, and inward looking. Certainly, the Lenten journey calls for attention to the inner self and the working of spiritual disciplines in the life of the individual and the community of faith. It is also true that the weight of our sinfulness and our need for a savior becomes an undeniable presence during this season. But a light heart is not forbidden, even in Lent. We are sinners who know a savior. We are acquainted with the one who has a solution to the brokenness of our souls. In other words, "there is a balm in Gilead, to heal the sin-sick soul." "Happy are those whose transgression is forgiven."

Week 2 - (March 8) – Psalm 121 **Going Out and Coming In**

Gen. 12:1-4a; Romans 4:1-5, 13-17; John 3:1-17

It's only week two in Lent; there's a long road ahead of us. Yet, if we're not careful, we can begin to stop paying attention. We can begin to fall into the routine of the Lenten season. Let's not forget that Lent is about upsetting the routine and turning us inward and outward at the same time. God is here, even in the most routine moments of our lives. As we journey through this season, when we pay attention and when we forget to, when we go out and when we come in, we are not alone. In the morning when we rise, give me Jesus. Psalm 121 is about all of life and about the promise of presence.

Week 3 – (March 15) - Psalm 95 **Worship and Bow Down**

Exodus 17:1-7; Romans 5:1-11; John 4:5-42

There are many words throughout the Bible that are translated as worship. Many of them involve bodily movement of some sort. The worship posture described often in the Hebrew scriptures is face down on the ground. The psalmist this week tells us to bow, and to kneel. Worship is not just, or even primarily, a head thing. It is a whole body thing; we pour ourselves out in worship. We enter the worship space and nothing else matters but the community who gathers and the God we worship. We worship, not to neglect the world, but to remember the Creator of the world who sends us out to live and love that world and all who dwell in it. But in this moment, in this "ain't got long" moment, we steal away to Jesus.

Week 4 – (March 22) - Psalm 23 **In Right Paths**

1Samuel 16:1-13; Ephesians 5:8-14; John 9:1-41

Of all the songs in the hymn book of the people of God, the 23rd Psalm is probably the most beloved. It is almost impossible to read these six verses without hearing a favorite version sung. And there are many hymns and songs that take the central themes of the psalm and wrap them in beautiful music. We could argue for a long time about why this brief psalm has so captured the hearts of so many. But at the heart of this hymn is an invitation to trust in the one who provides care, the one who gathers in, the one who heals and comforts and loves, the one who puts our feet on the right path. And that's our prayer this Lenten season: "Guide my feet, while I run this race, for I don't want to run this race in vain!"

Week 5 – (March 29) - Psalm 130 **Out of the Depths**

Ezekiel 37:1-14; Romans 8:6-11; John 11:1-45

Psalm 130 provides a proper ending to the series and an anticipation of what is to come. The psalm is a cry from the depths of pain or despair. And there is no clear resolution, no clear fix to the brokenness; the separation still abides. And yet, there is hope. There is the confidence, even from a position of pain, that resolution is at hand. There is a trust that even in suffering, there is someone who knows us. Even if nobody knows the trouble we see, there is always a "but" in our faith; nobody knows, but Jesus.

John Wesley supposedly said on his deathbed, "Best of all, God is with us." It is presence, not power that we seek most of all. It is someone who hears, someone who knows who makes all the difference in the world.

As we end our season of Selah and prepare ourselves for the Passion, for the death and Resurrection of our Lord, we are all like the man on the cross beside Jesus who simply said, "Remember me." Glory hallelujah.

BISHOP'S MESSAGE

There Is A Season For Everything We. Are. One.



3

That was the title of the sermon I preached during my Installation in 2016 at First Hyattsville United Methodist Church. The Spirit led me to preach from Ephesians and emphasize our unity after listening to conversations throughout the conference. Further, as far back as I can remember, my hearing, understanding, and praxis of the Gospel message has centered upon our oneness in Jesus Christ.

While it may seem contradictory, the new Protocol on Reconciliation and Grace Through Separation, now before the denomination, is the best and strongest way we can move forward honoring the Gospel and our call to make disciples of Jesus Christ for the transformation of the world. Crafted in a spirit of mutual respect, it lifts us out of the quagmire we've been stuck in for decades and sets us all, with integrity, on a path that brings honor and glory to God. Ecclesiastes teaches us a hard truth — that there is a time for every matter under the sun. The time for moving forward in new and separate expressions of Methodism is before us.

As a member of the 16-member mediation team, which included conservatives, moderates, progressives and bishops, I strongly urge you to read The Protocol with a discerning eye, putting aside preconceived inclinations towards defensiveness. If that is done, I believe you will discover the Holy Spirit is at work among us.

I was deeply honored to participate in the creation of The Protocol. I came to the process after it had already begun. During the November meeting of the Council of Bishops, I became aware of meetings that were taking place comprised of a broad constituency of committed laity, clergy, and episcopal leaders. After some in-depth conversation among the Council, it was decided that another female voice was needed at the table and I was asked if I would be willing to serve. I reluctantly agreed. I was reluctant because I have made it known that I was not willing to be a part of any group whose chief purpose was to dissolve the denomination or coerce persons to leave.

When I sat at table and saw the diversity represented there, I was heartened. Although not every single aspect of the denomination was present, it was a broad constituency representing very different theological viewpoints. I also immediately came to understand that they shared a consensus that remaining together was no longer a viable option. Therefore, each participant offered ideas and elements that were important to their caucuses and constituencies, and negotiated from that standpoint. While the conversation was intense, everyone made efforts to be considerate of the varying interests, needs, and the goal of separating with dignity. The Protocol of Reconciliation and Grace Through Separation is not perfect, just as no piece of legislation is perfect. But it does represent a viable foundation for developing legislation that will allow for an amicable separation with dignity.

As the Baltimore-Washington Conference, I invite us to read the entire Protocol and the accompanying documents with an open mind. Read it without imputing onto its authors any ill-intent or ignoble motive. Read it with the aftermath of the Special Session of General Conference in mind. Read it with the pain and harm that has been caused by our inability to live within contextual and theological freedom. Read it with an eye toward an opportunity to pour ourselves into mission and ministry without fear of LGBTQIA+ charges, trials, or exclusion.

As a result of The Protocol and my belief in the possibilities it holds, I will not be processing any charges pursuant to the new paragraphs of the *Book of Discipline*, which went into effect on January 1, 2020. There was unanimous consent among the mediation team, including the traditionalist voices at the table, that new rounds of charges and trials would not be helpful at this juncture. Rather, all such charges will be held in abeyance until after the General Conference.

It seems providential to me that the churches of the BWC are in the midst of the conference-wide study, "Who Are We: A Journey From Head to Heart," which was designed to help us reflect upon our theological and scriptural grounding, our Wesleyan heritage, and our life together as the BWC. This study positions us perfectly to determine whether we want to remain within the post-separation United Methodist Church with the restrictive language about homosexuality removed, or go with the post-separation expression of Methodism that will retain those restrictions. Are we a conference grounded in liberation and inclusion, or restrictive practices? I pray that we see ourselves as the former. I believe our 236 years of bold mission and ministry, and our Christ-centered inclusion of all people, indicate that we are.

It has been shared with me by several conservative pastors and lay people in the BWC that they do not desire to align themselves with restrictive practices. They have made it clear that they will remain with The United Methodist Church if this plan passes at General Conference.

As anyone knows who has participated in the separation of any relationship, be it a marriage, a small business or a civic organization, it is never easy. The *idea* of separation tends toward the romantic; the *reality* of separation is anything but. On the one hand, the cry from the members of The United Methodist Church has been to stop the pain, end the trials, and create an inclusive church where everyone is welcome. But it has become clear that many people in our church are not able to work faithfully and fruitfully alongside those with whom they disagree. An amicable separation is our best viable option. That is what the members of the mediation team attempted to create with The Protocol. It is being criticized because it was mediated in confidentiality. Confidentiality is not tantamount to evil. In this case, it was a tool, necessary to allow people with vastly different views to come together in a timely way to accomplish a critically important and time-sensitive task. Members of the team were tasked with communicating with their constituencies to inform the process. They did so, and the protocol now stands as the best work, and the best hope, of people across the broad theological spectrum of The United Methodist Church.

As we move toward the General Conference session in May, where The Protocol will be considered as legislation, I call all the people of the Baltimore-Washington Conference into a time of prayer and fasting. In the midst of these very logistical and strategic measures to ensure the future of the Church, we must never lose sight of the fact that we are first and foremost a spiritual people, called to be salt and light in an imperfect world.

“God of grace and God of glory, on thy people pour thy power. Crown thine ancient church’s story, bring her bud to glorious flower. Grant us wisdom, grant us courage, for the facing of this hour, for the facing of this hour.” To God be the glory!

Summary of Protocol

Summary of the Protocol of Reconciliation and Grace Through Separation

(This summary was compiled by the BWC’s Discipleship Council and Posted in UMConnection on Feb 20, 2020.)

Late last year, a group of denominational leaders representing diverse advocacy groups within the denomination, including Bishop LaTrelle Easterling, negotiated a proposed agreement for an amicable separation within The United Methodist Church. The agreement was reached on December 17, 2019.

1. Legislation based on the Protocol was created. This legislation is online at www.gracethroughseparation.com/legislation. This legislation must be approved by the General Conference in May.
2. The Protocol provides a graceful exit for traditionalists who want to leave The United Methodist Church. Many anticipate that most United Methodists will stay together and continue working on unity with diversity.
3. The agreement has the following financial settlement:
 - \$25,000,000 to the new “traditionalist” denomination;
 - \$39,000,000 to ensure there is no disruption in supporting ministries for communities historically marginalized by racism; and
 - \$2,000,000 total for any additional denomination(s) that might be formed subsequent to the implementation of the Protocol.
4. The agreement calls for all administrative or judicial processes addressing restrictions in The Book of Discipline of The United Methodist Church related to self-avowed practicing homosexuals or same-sex weddings, as well as actions to close churches, to be held in abeyance (a temporary suspension) until the separation is completed.
5. Congregations and annual conferences that would like to stay with The United Methodist Church will not have to take a vote to stay. Annual Conferences and local churches desiring to leave The United Methodist Church and affiliate with a new denomination created by the terms of the Protocol must meet specified voting thresholds:
 - a. For annual conferences, 57% of those voting must support a motion to affiliate with another denomination.
 - b. For local churches, the church council will determine whether the threshold to affiliate with the new denomination will be a simple majority or a two-thirds vote.

For more information on the Protocol, Who Are We Study, and the BWC Invitation to Prayer and Fasting, visit www.bwcumc.org/GC2020.

NAYAYAM

Northwood-Appold Young Adult Ministry

Won't you join us every other Wednesday evening from 6:30pm – 8:30pm? See youth leader or members for meeting schedule. Hope to see you there. Taylor J.

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## TUESDAY NIGHT BIBLE STUDY

Come and join us for Bible Study Tuesday evenings from 6:00 to 8:30 pm. As our co-ed group delves in the Word of God, we have lively discussions and interesting activities. Sister Mildred Fowlkes is the lead facilitator. Come, join us any Tuesday, as we grow in the knowledge of God's word.

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“WOMEN OF FAITH” BIBLE STUDY

Come, fellowship, partake of God's word with us as we faithfully seek His Will through study of The Word. We meet from 1:30 – 3:30pm every 2nd and 4th Saturday. The study book is the Bible Expositor and Illuminator which is purchased quarterly. Each sister has an opportunity to serve as facilitator with Sister Mildred Fowlkes serving as lead facilitator. We share a light meal along with our fellowship. See Sister Mildred Fowlkes for further information.

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## ADULT CHURCH SCHOOL

Come, join our interesting and informative discussions of God's Word every Sunday from 10 - 10:30am in the lower level of the church. We believe that what we learn through our discussions is a blessing to our lives as we seek to faithfully serve our Father. Our resource is the Uniform Series Bible Lessons Adult Bible Studies book. Participants are encouraged to read and study during the week and come prepared to discuss the material. Contact the class facilitators, Bros. Harry Archer and Peter Mutaku for more information.

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W H Y - WHOLISTIC HEALTH FOR YOUTH

A new youth initiative to teach 13 -18 year olds about holistic health, how to live a healthy lifestyle and how to cope with stress in positive ways. Participants will also be instructed in ways to share what they learn with their peers. Sessions are held on two Saturdays each month at NAUMC and alternate church locations lasting 2-3 hours, are highly interactive and include music, film, video clips, and free food. Sessions will resume when Pastor returns.

INTESESORY PRAYER

The telephone prayer group meets daily. Dial in time is 6am @ 1-641-715-3680 + Access code: 710605; The group celebrated 1000 days of continual prayer on August 24th.

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## THE UNITED METHODIST WOMEN

The UMW meets monthly on the 2<sup>nd</sup> Saturday of the month from 12 noon to 1:00 p.m. to plan events, review progress toward our goals and fellowship. We continue to encourage the ladies of Northwood, young and mature, to come, join the fellowship and help spread the love of God to others.

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LINE DANCE MINISTRY

Line dancing provides enjoyable, healthy movement that is beneficial to our body in a Christian manner. Classes are held on Monday evenings from 6 to 8 pm in the lower level of the church building. The instructor is Radio Personality, Line Dance Celebrity **Randy Dennis**. Come and join us for fun, relaxation, and activities that are great for your body! A modest fee of \$7 is required for participation. See Sis. Virginia Richardson or Annette Keene for more information.

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## YOGA STRETCH – *Healthy Wellness Class*

Come and join the yoga stretch class from 6:30-7:30 in the lower level of the church. The group meets the 3<sup>rd</sup> & 4<sup>th</sup> Wednesday of each month. A donation of \$7 is requested of which \$2 will be given back to the church for Power Sharing. See Carolyn Hassan-Pitts.

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BROKEN, BLESSED & A BLESSING

Grief ministry for the community under the leadership of Rev. Dr. Willie M. Parker, certified grief and loss coach, promotes understanding of, training and assistance in processing grief. It also equips persons to assist the support group. Grief Ministry consists of seven sessions that are held from 1:30 – 3:30 pm on the 1st and 3rd Saturdays. The first meeting will be held Sat., March 7th in the church. Individual Coaching Sessions are by telephone. Fees are Income based. Call 410-598-5401 for more information.

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As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. **John F. Kennedy**

# ANNOUNCEMENTS

## MARCH BIRTHDAYS



- |                    |                          |
|--------------------|--------------------------|
| 4 NATHANIEL PARKER | 17 MAXINE POOLE          |
| 7 IDA MCINTOSH     | 17 NAOMI WAX             |
| 9 CURTIS WHITE     | 21 GAYE BURRELL-MATTISON |
| 12 KERLAN MORGAN   | 25 JOHN COULTER          |
| 14 DIANE T. BROWN  | 29 CATALINA STEWART      |
| 31 WINDSOR MORGAN  |                          |

## FEBRUARY BIRTHDAYS



- |    |                  |
|----|------------------|
| 1  | MIRREL SIMMS     |
| 9  | JERROLDON HILL   |
| 9  | MICHAEL WELLS    |
| 10 | WANDA B. CARTER  |
| 16 | CURT POOLE       |
| 22 | BERNICE CHEATHAM |
| 26 | STEFFAN GOMEZ    |

## LITURGIST LIST

- |          |                            |          |                     |                          |
|----------|----------------------------|----------|---------------------|--------------------------|
| March 1  | Rev. Dr. Willie Mae Parker | April 5  | Palm Sunday         | Rev Dr Willie Mae Parker |
| March 8  | Chimo Okoro                | April 12 | Resurrection Sunday | Pamela Brown             |
| March 15 | Geneva Ferguson            | April 19 | Chimo Okoro         |                          |
| March 22 | Mildred Fowlkes-St Cyr     | April 26 | Erica Richardson    |                          |
| March 29 | Carolyn Hassan Pitts       |          |                     |                          |

### \*\*\*PLEDGE PROGRAM to PAY OFF TAX BILL\*\*\*

The Pledge Program was introduced in 2019 by The Finance Ministry Team. It gives you options to choose how much you want to donate each week to help pay off the tax bill loan. The program charts the weekly amount per person, per year needed to achieve the payoff goal.

If you can/would like to contribute, note the chart listed below and select a donation goal you would like to work toward. Thanks to your generous giving, the 2019 goal was met.

The Finance Ministry is extremely grateful and would encourage you to continue to support this effort in 2020.

You can get the complete donation schedule and special envelope in the Narthex. Funds collected will be listed as a savings line-item and will be used to reduce the principal of the loan which will help significantly reduce the length of the loan and the amount of interest paid.

Adherig to the following schedule projects the loan to paid in full by end of year 2022.

Thank you in advance for your prayerful consideration. Sincerely,  
The Finance Ministry Team - Wanda Carter, Geneva Ferguson, Dorothy Frazier

### 2020 Monthly Chart

| Months         | Amount  |   |    | Annual Total |   | People | Annual Total |
|----------------|---------|---|----|--------------|---|--------|--------------|
| Jan – December | \$75.00 | X | 12 | = \$900      | X | 15     | = \$13,500   |
|                | \$37.50 | X | 12 | = \$450      | X | 30     | = \$13,500   |
|                | \$20.00 | X | 12 | = \$240      | X | 60     | = \$14,400   |

# ANNOUNCEMENTS cont.

7

## ATTENTION NAUMC MEMBERS:

As requested by a number of members and as promised -- there will be a discussion This Sunday, 8 March 2020, immediately after Worship Service, concerning the Early Learning Center serving 4 year old young people at Northwood-Appold.

Please bring questions and great ideas. Thank you. Blessings, Pastor Gray

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## CONFERENCE ANNOUNCEMENTS

An awareness campaign was launched to raise funding toward youth suicide prevention at ROCK 2020. The offering collected totaling \$9,360 will be used to expand suicide prevention and wellness resourcing with and for youth and those who love them. ([www.bwcumc.org/YPMWellness](http://www.bwcumc.org/YPMWellness))

Watch the video: <https://www.bwcumc.org/article/stay-suicide-prevention-campaign/>

If you are a youth who wants to be involved in working with experts to develop peer resourcing, please complete the Student Leadership Cohort Interest Form: <https://www.surveymonkey.com/r/BWCSLC19>.

The **CCYM Stress Less Project** offers resources to help youth battle the many sources of stress in their lives. The project was created by youth for youth and include resources for both youth and youth workers. More information can be found at: [www.bwcumc.org/stressless](http://www.bwcumc.org/stressless).

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## CRITICAL CONVERSATION on The Protocol of Reconciliation and Grace Through Separation

Bishop LaTrelle Easterling will meet with the clergy and laity of the Baltimore-Washington Conference in a Critical Conversation concerning the upcoming United Methodist General Conference. Bishop Easterling will give special attention to The Protocol of Reconciliation and Grace Through Separation (The Protocol).

This Critical Conversation will take place **Saturday, March 21**, from 9:30 a.m. to noon, at Harmony UMC, at 9455 Williamsport Pike in Falling Waters, W.Va.

As United Methodists move toward the 2020 General Conference, May 5-15 in Minneapolis, Minn., we know that many of you have questions and concerns about the future of our denomination and our conference. In particular, there are specific questions about The Protocol, a plan that offers an end to the decades-long struggle concerning human sexuality. In response, Bishop Easterling, who is not only our episcopal leader but also a member of the mediation team that crafted The Protocol, will be holding this Critical Conversation.

In this season of discernment and uncertainty, it is important that your questions be answered and that we are all informed by facts and well-reasoned analysis. To ensure that you are equipped with the information you need to help you continue to serve as faithful disciples, Bishop Easterling invites you to attend this gathering.

**Plans are being made to livestream the event for those unable to make the drive.**

We invite you to continue to pray for The United Methodist Church as we seek to make disciples of Jesus Christ for the transformation of the world.

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## HOLY WEEK SERVICES

|                 |                |         |                                    |
|-----------------|----------------|---------|------------------------------------|
| PALM SUNDAY     | APRIL 5, 2020  | 10:30AM | WORSHIP SERVICE                    |
| MAUNDY THURSDAY | APRIL 9, 2020  | 6:30PM  | DEVOTIONAL MESSAGE / COMMUNION     |
| GOOD FRIDAY     | APRIL 10, 2020 | NOON    | SEVEN LAST WORDS                   |
|                 |                |         | GOVANS BOUNDARY 5210 York Rd 21212 |
| RESURRECTION    | APRIL 12, 2020 | 7AM     | SUNRISE SERVICE                    |
| SUNDAY          |                | 10:30AM | WORSHIP SERVICE                    |

## March Month-Long Observances

American Red Cross Month  
 Colorectal Cancer Awareness Month  
 National Chronic Fatigue Syndrome Awareness Month  
 National Colorectal Cancer Awareness Month  
 National Eye Donor Month  
 National Frozen Food Month  
 National Multiple Sclerosis Education & Awareness Month  
 National Kidney Month  
 National Women's History Month  
 Poison Prevention Awareness Month

## Week-Long Observances/Celebration Days

March 22-28 National Poison Prevention Week

### *Special Days in March*

- 2 World Teen Mental Wellness Day International
- 2 Death of John Wesley (1791)
- 3 Care Giver Appreciation Day
- 6 World Day of Prayer
- 8 International Women's History Day
- 8 Scouting Sunday – (Alternate)
- 8 Daylight Savings Day
- 10 National Women & Girls HIV/AIDS Awareness Day
- 17 St. Patrick's Day
- 19 National Certified Nurses Day
- 20 Spring Begins
- 22 American Diabetes Alert Day
- 22 UMCOR Sunday
- 24 World Tuberculosis Day
- 26 Epilepsy Awareness Day – Purple Day
- 29 Death of Charles Wesley (1788)

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## NATIONAL WOMEN AND GIRLS HIV/AIDS AWARENESS DAY

Observed annually on March 10th, National Women and Girls HIV/AIDS Awareness Day is a day to empower people everywhere with knowledge and information regarding this disease and the often overlooked impact that it has on women and girls.

National Woman and Girls HIV/AIDS Awareness Day is coordinated by the Office on Women's Health (OWH) within the Office of the Assistant Secretary for Health of the U.S. Department of Health and Human Services alongside many organizations that play a critical role in the observance in communities across the nation.

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**It is during our darkest moments that we must focus to see the light.** — Aristotle Onassis

## CARE GIVER APPRECIATION DAY

Celebrated: March 3 and/or Nov. 13

This is a very important day of recognition for the tens of millions of Americans, who selflessly give their time to care for those who are ill, disabled, or elderly.

Many individuals and organizations have declared a care giver recognition day on many different dates. The most common of them are November 13, and March 3. We give the nod to November 13, as November is National Care-giver Appreciation Month.

This day of recognition is for both paid and unpaid care givers. We believe unpaid care givers, deserve even more special recognition. They silently go about the task of supporting someone in need, most often a family member. They give their time freely, and often spend their own money in doing so. It can be a thankless task without even a thanks from the person being cared for or other relatives who find countless reasons not to help. Some interesting statistics:

- 29% of the U.S. population, some 65 million Americans are care givers in some way.
- According to the U.S. Department of Labor, over 40 million Americans, age 15 or older, provide unpaid care to the elderly alone.

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## NATIONAL WOMEN AND GIRLS HIV/AIDS AWARENESS DAY

Observed annually on March 10th, National Women and Girls HIV/AIDS Awareness Day is a day to empower people everywhere with knowledge and information regarding this disease and the often overlooked impact that it has on women and girls.

On this educational day, each year, groups, organizations, state and local health officials and thousands of people share the facts regarding HIV/AIDS and the impact on them.

National Woman and Girls HIV/AIDS Awareness Day is coordinated by the Office on Women's Health (OWH) within the Office of the Assistant Secretary for Health of the U.S. Department of Health and Human Services alongside many organizations in communities across the nation.



## RECIPE FOR THE MONTH

Have a sweet tooth? This easy tasty cake is a winner and is a certain person's favorite.

### Cream Cheese Chocolate-Chip Pound Cake

- 1 c. sweet **butter** (at room temperature)
- 8 oz. **cream** cheese (at room temperature)
- 1½ cups **sugar**
- 4 **eggs** (at room temperature)
- 3 cups all-purpose **flour**
- 3 tsp. **baking powder**
- 1 tsp. **salt**
- 2 tsp. **vanilla** extract
- ½ cup whole **milk**
- 12 oz. mini **chocolate** chips

Preheat oven to 325°. Butter and flour a bundt pan.

Cream together the butter and cream cheese. Gradually add the sugar, eggs, and the remaining ingredients in order. Pour the mixture into the pan and bake for 60 to 65 minutes, or until a knife inserted in the center comes out clean. Cool for 10 minutes on a cake rack. Enjoy.

## ON THE ROAD TO EASTER WORD SEARCH



- |            |               |              |
|------------|---------------|--------------|
| Ash        | Holy Week     | Palm Branch  |
| Wednesday  | Holy Thursday | Forty Days   |
| Sacrifice  | Good Friday   | Jesus        |
| Almsgiving | Holy Saturday | Passover     |
| Prayer     | Easter        | Foot Washing |
| Fasting    | Palm Sunday   | Resurrection |
| Lent       | Purple        | Love         |



# A CALL TO PRAY

|                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                   |
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| <p>All School Systems<br/>Baltimore City<br/><b>Henry &amp; William Barnes</b><br/>Patricia Beasley<br/><b>Edith Brown (Renee) Family</b><br/>Taryn Carter<br/>Jeanette Cates<br/><b>John &amp; Yvonne Coulter</b><br/>Kim Ellington<br/><b>Geneva Ferguson</b><br/><b>Sheila Fisher</b><br/>Frazier Family Members<br/>Rev. Gray<br/>Stephanie Hayes &amp; Family<br/>Katherine &amp; Mahalon Hebron</p> | <p><b>Michele Horton &amp; Family</b><br/>Bette Isabelle's Family<br/>Jasmine James<br/>Joel – Young man in need<br/><b>The Johnson Family</b><br/>Xavier Green's Family<br/><b>Mr. Mitchell</b><br/>NACA I &amp; NACA II<br/>Joy Napper<br/>National Leaders<br/><b>Pauline Norman</b><br/>Michele Parker's Family<br/><b>Tom &amp; Becky Price</b><br/>Michele Richardson<br/><b>Sandy &amp; Bruce</b> Robinson</p> | <p><b>Elaine Ross</b><br/>Keith Savage<br/>Sick &amp; Shut-in<br/><b>Alvedia Smith</b><br/>State &amp; Local Leaders<br/>Stewart Family<br/><b>CANCER Survivors</b><br/><b>Robert Taylor</b><br/><b>Robin Thompson &amp; Family</b><br/><b>Mr. &amp; Mrs. Wallace</b><br/><b>Jaeson White</b><br/><b>Johanne White</b><br/>Janice Williams<br/>Rosanna Wynn<br/>World Leaders</p> |
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## A PRAYER FOR GOD TO BRING BEAUTY FROM ASHES: *by Debbie McDaniel*

Dear God,

In this season of Lent we're reminded of our own difficulties and struggles. Sometimes the way has seemed too dark. Sometimes we feel like our lives have been marked by such grief and pain, we don't see how our circumstance can ever change. But in the midst of our weakness, we ask that you would be strong on our behalf. Lord, rise up within us, let your Spirit shine out of every broken place we've walked through. Allow your power to be manifest through our own weakness, so that others will recognize it is You who is at work on our behalf. We ask that you would trade the ashes of our lives for the beauty of your Presence. Trade our mourning and grief for the oil of joy and gladness from your Spirit. Trade our despair for hope and praise. We choose to give you thanks today and believe that this season of darkness will fade away. Thank you that you are with us in whatever we face, and that you are greater than this trial. We know and recognize that you are Sovereign, we thank you for the victory that is ours because of Christ Jesus, and we are confident that you have good still in store for our future. We thank you that you are at work right now, trading our ashes for greater beauty. We praise you, for you make all things new.

In Jesus' Name,

Amen.

|                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <p><b>Beacon Mission Statement:</b></p> <p>This newsletter will endeavor to inform the church body of ministry events, updates and needs by providing information on items of interest to the congregation. While being informative, we strive to make this newsletter an enjoyable read.</p> <p>Take Care, Be Safe,<br/>You are Blessed!!!</p> | <p>The Beacon is published monthly by Northwood-Appold United Methodist Church, 4499 Loch Raven Boulevard, Baltimore, Md. 21218.</p> <p>The Beacon is published as needed during the summer months. All articles, letters, announcements and other information of interest are welcome and considered for publication. Submit items in person, by mail or email (<a href="mailto:pamcbrown59@gmail.com">pamcbrown59@gmail.com</a>).</p> <p>The deadline for the February/March issue is <b>9:00pm March 18, 2020.</b><br/>         Editors: Sisters Pamela Brown, Carolyn Young &amp; Min. Gwen Young<br/>         Distribution: Sis. Peggy Hayward<br/>         Pastor: Rev. Dr. Gray</p> |
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## SCHEDULED MINISTRIES

|                            |                                             |                  |
|----------------------------|---------------------------------------------|------------------|
| Sunday Church School       | Sunday                                      | 10:00a.m.        |
| Worship Service            | Sunday                                      | 10:30a.m.        |
| Health/Welfare Ministry    | 4 <sup>th</sup> Sunday (Quarterly)          | 1:00p.m.         |
| Line Dance Ministry        | Monday                                      | 6 – 8p.m.        |
| Music Ministry Rehearsal   | Monday and Thursday                         | 6:30p.m.         |
| SPRC Committee             | 1 <sup>st</sup> Monday                      | 6:30p.m.         |
| Finance Ministry           | 2 <sup>nd</sup> Monday                      | 7:00p.m.         |
| Bible Study                | Tuesday                                     | 6:00p.m.         |
| Stewardship Ministry       | As Needed                                   | 6:00p.m.         |
| NAYAYAM                    | TBD                                         | 6:30-8:30        |
| Church Council Meeting     | 2 <sup>nd</sup> Wednesday                   | 6:30p.m.         |
| United Methodist Men       | As needed                                   | 7:00p.m.         |
| Trustee Meeting            | 3 <sup>rd</sup> Wednesday                   | 6:30p.m.         |
| YOGA Stretch Class         | 3 <sup>rd</sup> & 4 <sup>th</sup> Wednesday | 6:30 – 7:30      |
| Ushers' Ministry           | 3 <sup>rd</sup> Thursday                    | 6:30p.m.         |
| Youth Group (CIA)          | As needed                                   | 6:30 – 8:30p.m.  |
| United Methodist Women     | 2 <sup>nd</sup> Saturday                    | 12:00 – 1:00p.m. |
| Women of Faith Bible Study | 2 <sup>nd</sup> & 4 <sup>th</sup> Saturday  | 1:30 – 3:30p.m.  |
| Worship Committee Meeting  | 4 <sup>th</sup> Saturday                    | 10:30-12:00p.m.  |

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| <p><b>Northwood - Appold UMC</b><br/> <b>4499 Loch Raven Blvd</b><br/> <b>Baltimore, Maryland 21218-1599</b></p> <p><b>Office Hours: 9:00 a.m. - 3:00 p.m.</b><br/> <b>Tel. (410) 323-6712;</b><br/> <b>Email: northwoodappoldumc@yahoo.com</b></p>                                                        | <p style="text-align: center;"><b>INCLEMENT WEATHER PROCEDURES</b></p> <ol style="list-style-type: none"> <li>1. The Trustees and Pastor pray and confer together to decide whether to postpone and/or cancel scheduled services or activities.</li> <li>2. That decision is circulated immediately through all available communication channels: phoning, texting, emailing, radio, and if possible, television.<br/> <span style="color: blue; font-weight: bold;">WBAL RADIO -1090AM; CHANNEL 2 NEWS</span></li> <li>3. In the event of cancellation, worship services and important meetings may also be offered via conference call using the following information:<br/> <span style="color: blue; font-weight: bold;">DIAL-IN-NUMBER: 641-715-0862</span><br/> <span style="color: blue; font-weight: bold;">ACCESS CODE: 109547#</span></li> <li>4. The necessary arrangements are made by the Trustees to address weather related issues or concerns (water, snow, ice removal), as soon as possible, to ensure everyone's physical safety.</li> </ol> |
| <p><b>Northwood-Appold Community Academy</b><br/> <b>4417 Loch Raven Boulevard</b><br/> <b>Baltimore, MD 21218-1599</b><br/> <b>(410) 323-6712</b></p> <p><b>Naca Freedom and Democracy Academy II</b><br/> <b>2500 East Northern Parkway</b><br/> <b>Baltimore, MD 21214</b><br/> <b>410-396-1234</b></p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |

*NAUMC's mission is to be a light at the crossroads of life to attract diverse people by being an inviting, outreaching, congregation demonstrating our faith and discipleship in such a way that all people are called to action for God.*

*From The Men & Women's Day Committee of*  
**Northwood-Appold United Methodist Church**

12

*is sponsoring a trip to **Sight and Sound***

# **Q U E E N   E S T H E R**

*Saturday, May 16, 2020*

**Depart: Northwood-Appold UMC Parking Lot - 8 A.M.**

**Lunch: Miller's Smorgasbord**

**Showtime: (Queen Esther) - 3 P.M.**

**Return to Northwood-Appold UMC by 8 P.M.**

**\$150.00 (13 & over) \$99 per Child (3-12)**

***For tickets, Contact: Pam Brown - 443-865-1350 or  
Edith Brown – 410-426-4769***

***\$90 (including \$50 non-refundable deposit) due immediately  
All monies are due by April 1, 2020.***

***Payments may be forwarded to the church office:***

**4499 Loch Raven Boulevard**

**Baltimore, Md. 21218**

**Attn: Sight & Sound**

***Make checks payable to: Northwood-Appold UMC Memo: Sight***

**Pastor, Rev. Dr. Cecil Conteen Gray**

***Northwood-Appold UMC is not responsible for lateness for departure nor return. Please arrive at least  
15 minutes prior to departure time. All children must be accompanied by an adult-no exceptions.***

This is a story of a little boy name Theo, who woke up one morning and asked his mother, "Mom, what if there were no Black people in the world?" Well, his mother thought about that for a moment, and then said, "Son, follow me around today and let's just see what it would be like if there were no Black people in the world." Mom said, "Now go get dressed, and we will get started."

Theo ran to his room to put on his clothes and shoes. His mother took one look at him and said, "Theo, where are your shoes? And those clothes are all wrinkled, son. I must iron them." However, when she reached for the ironing board, it was no longer there. You see Sarah Boone, a black woman, invented the ironing board, and Jan E. Matzelinger, a black man, invented the shoe lasting machine.

"Oh well," she said, "please go and do something to your hair." Theo ran in his room to comb his hair, but the comb was not there. You see, Walter Sammons, a black man, invented the comb. Theo decided to just brush his hair, but the brush was gone. You see Lydia O. Newman, a black female, invented the brush.

Well, this was a sight: no shoes, wrinkled clothes, hair a mess. Even Mom's hair, without the hair care inventions of Madam C. Walker, well, you get the picture.

Mom told Theo, "Let's do our chores around the house and then take a trip to the grocery store." Theo's job was to sweep the floor. He swept and swept and swept. When he reached for the dustpan, it was not there. You see, Lloyd P. Ray, a black man, invented the dustpan. So he swept his pile of dirt over in the corner and left it there. He then decided to mop the floor, but the mop was gone. You see, Thomas W. Stewart, a black man, invented the mop. Theo yelled to his Mom, "Mom, I'm not having any luck."

"Well, son," she said, "Let me finish washing these clothes, and we will prepare a list for the grocery store." When the wash finished, she went to place the clothes in the dryer, but it was not there. You see, George T. Samon, a black man, invented the clothes dryer.

Mom asked Theo to go get a pencil and some paper to prepare their list for the market. So, Theo ran for the paper and pencil but noticed the pencil lead was broken. Well, he was out of luck because John Love, a black man, invented the pencil sharpener. Mom reached for a pen, but it was not there because William Purvis, a black man, invented the fountain pen.

As a matter of fact, Lee Burrige invented the typewriting machine and W. A. Lovette the advanced printing press. Theo and his mother decided just to head out to the market.

Well, when Theo opened the door, he noticed the grass was as high as he was tall. You see, John Burr, a black man, invented the lawn mower. They made their way over to the car and found that it just wouldn't go. You see, Richard Spikes, a black man, invented the automatic gearshift, and Joseph Gammel invented the supercharge system for internal combustion engines. They also noticed that the few cars that were moving were running into each other and having wrecks because there were no traffic signals. You see, Garrett A. Morgan, a black man invented the traffic light.

Well, it was getting late, so they walked to the market, got their groceries, and returned home. Just when they were about to put away the milk, eggs, and butter, they noticed the refrigerator was gone. You see John Standard, a black man, invented the refrigerator. So, they just left the food on the counter.

By this time, Theo noticed he was getting mighty cold. Mom went to turn up the heat, and what do you know? Alice Parker, a black female, invented the heating furnace. Even in the summertime, they would have been out of luck because Frederick Jones, a black man, invented the air conditioner.

It was almost time for Theo's father to arrive home. He usually takes the bus, but there was no bus, because its precursor was the electric trolley, invented by another black man, Elbert R. Robinson. He usually takes the elevator from his office on the 20th floor, but there was no elevator because Alexander Miles, a black man, invented the elevator. He also usually dropped off the office mail at a nearby mailbox, but it was no longer there because Philip Downing, a black man, invented the letter drop mailbox, and William Barry invented the postmarking and canceling machine.

Theo and his mother sat at the kitchen table with their heads in their hands. When the father arrived, he asked, "Why are you sitting in the dark?" Why? Because Lewis Howard Latimer, a black man, invented the filament within the light bulb.

Theo quickly learned more about what it would be like if there were no black people in the world, especially if he were ever sick and needed blood. Dr. Charles Drew, a black scientist, found a way to preserve and store blood, which led to his starting the world's first blood bank. Well, what if a family member had to have heart surgery? This would not have been possible without Dr. Daniel Hale Williams, a black doctor, who performed the first open-heart surgery.

So, if you ever wonder, like Theo, where would we be without black people? Well, it's pretty plain to see. We would still be in the DARK!

Can be found @ [emeagwali.com](https://www.emeagwali.com)

# MARCH 2020

| SUNDAY                                             | MONDAY                                                   | TUESDAY                                        | WEDNESDAY                     | THURSDAY                                              | FRIDAY                                    | SATURDAY                            |
|----------------------------------------------------|----------------------------------------------------------|------------------------------------------------|-------------------------------|-------------------------------------------------------|-------------------------------------------|-------------------------------------|
| 1<br>Worship<br>10:30am                            | 2<br>Line Dance<br>6-8pm<br><br>Choir Rehearsal<br>6:30  | 3<br>Bible Study 6pm                           | 4                             | 5<br>Choir Rehearsal<br>6:30                          | 6                                         | 7                                   |
| 8<br>Worship<br>10:30am<br><br>DAYLIGHT<br>SAVINGS | 9<br>Line Dance<br>6-8pm<br><br>Choir Rehearsal<br>6:30  | 10<br>Bible Study 6pm                          | 11<br>Council<br>Meeting 6:30 | 12<br>Choir Rehearsal<br>6:30                         | 13                                        | 14<br>Women of Faith<br>1:30-3:30pm |
| 15<br>Worship<br>10:30am                           | 16<br>Line Dance<br>6-8pm<br><br>Choir Rehearsal<br>6:30 | 17<br>Bible Study 6pm<br><br>St. Patrick's Day | 18                            | 19<br>Choir Rehearsal<br>6:30<br><br>Ushers Min. 6:30 | 20<br>1 <sup>st</sup> DAY<br>OF<br>SPRING | 21                                  |
| 22<br>Worship<br>10:30am<br><br>UNCORP<br>SUNDAY   | 23<br>Line Dance<br>6-8pm<br><br>Choir Rehearsal<br>6:30 | 24<br>Bible Study 6pm                          | 25                            | 26<br>Choir Rehearsal<br>6:30                         | 27                                        | 28<br>Women of Faith<br>1:30-3:30pm |
| 29<br>Worship<br>10:30am                           | 30<br>Line Dance<br>6-8pm<br><br>Choir Rehearsal<br>6:30 | 31<br>Bible Study 6pm                          |                               |                                                       |                                           |                                     |

NOTE: